



LE MONASTÈRE DES AUGUSTINES

A Healing Hotel

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Sustainable Heritage Case Study

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DESCRIPTION

- Founded in 1639 in Quebec City
- Part of the Hotel-Dieu de Quebec
- Run by the Augustinians for nearly 400 years
- Founded 11 other monastery-hospitals in Quebec



LE MONASTÈRE DES AUGUSTINES

- “Fiducie du patrimoine culturel des Augustines” (Augustinian Cultural Heritage Trust)
- Monastery carefully restored
- Opened as a “Healing Hotel” in 2015





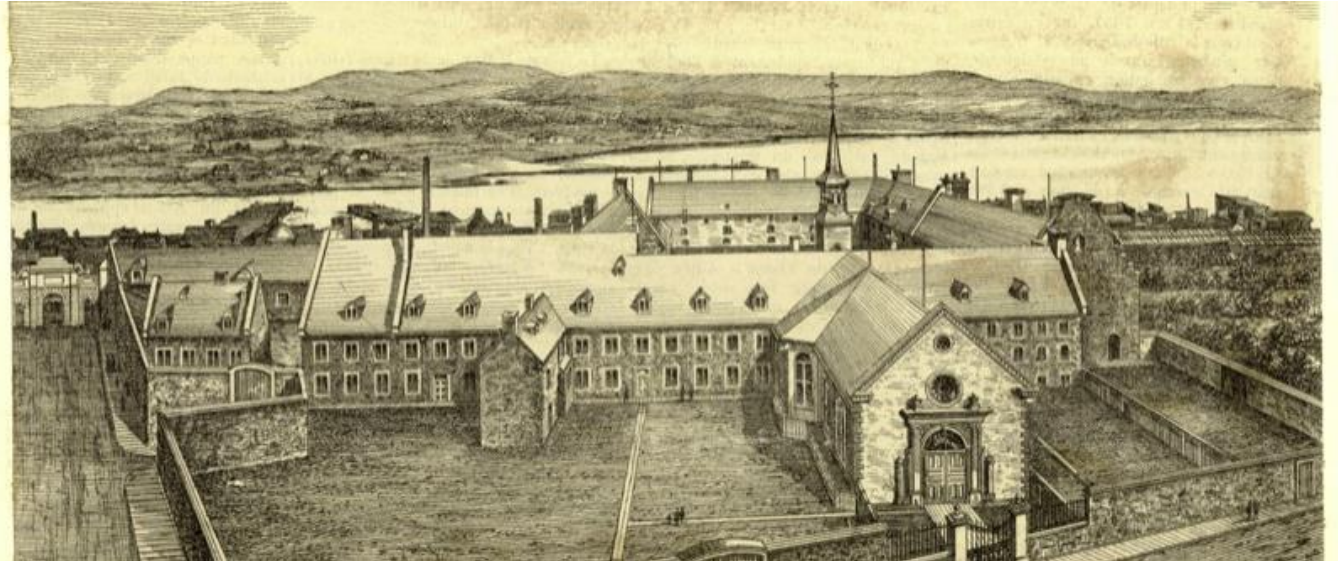
INSTITUTIONAL STATEMENT

“Through its cultural and social vocation, Le Monastère des Augustines bears witness to the way of life, as well as the social and spiritual works, of the Augustinian Sisters in this country. Inspired by the fervour and compassion that motivated the sisters, it continues to function as a place of welcome, hospitality, memory, rest, and renewal.” - monastere.ca

STAKEHOLDERS

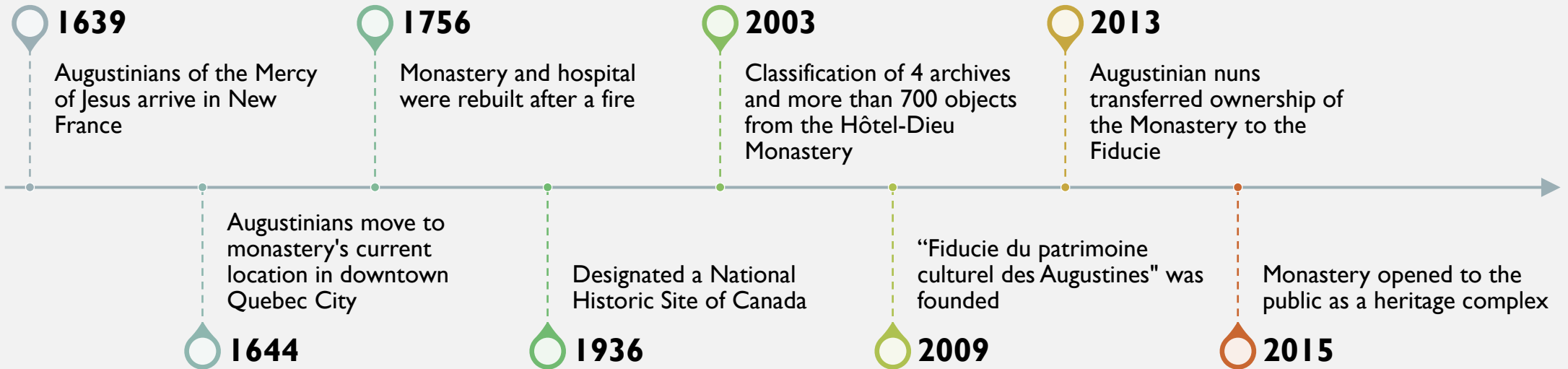
- All communities (Quebec and beyond)
- La Fiducie du patrimoine culturel des Augustines
- Government of Canada & Government of Quebec
- Ville de Quebec
- La Fondation Virginia Parker
- Cossette
- L'Appui pour les Proches Aidants
- Augustines de la Misericorde de Jesus, La Federation des Monasteres
- Sante et Service sociaux Quebec





TIMELINE

TIMELINE



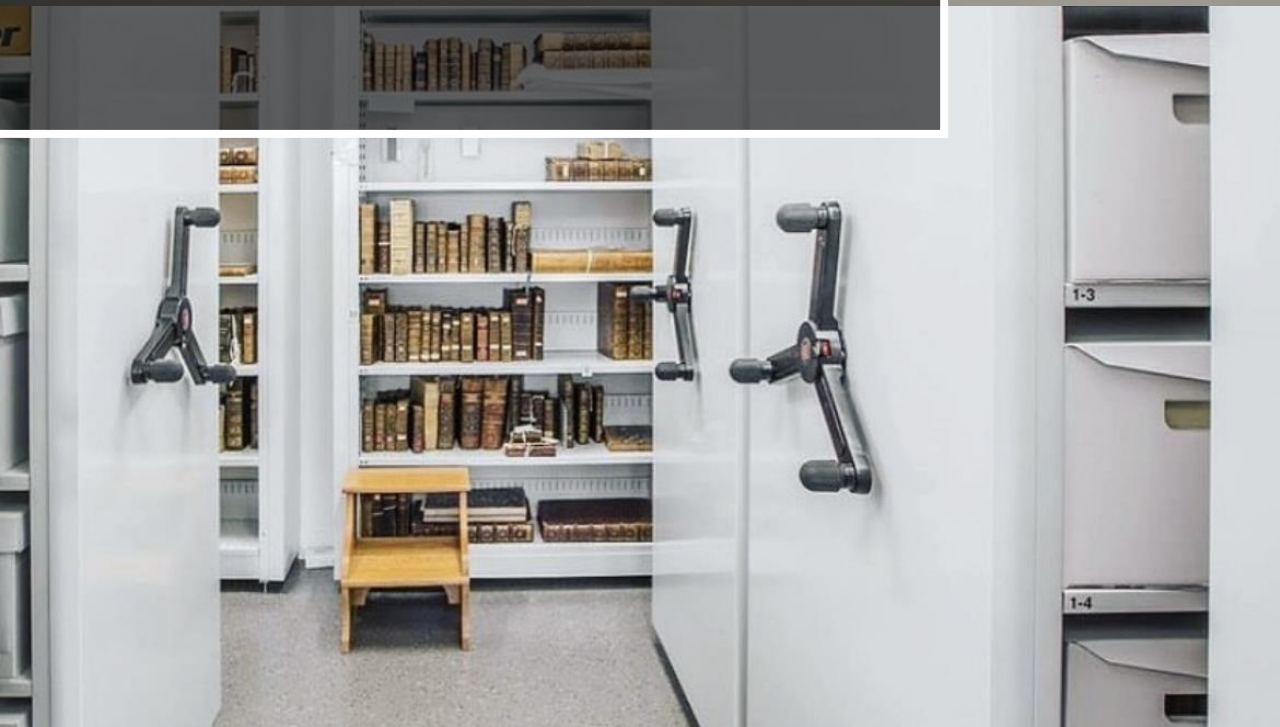
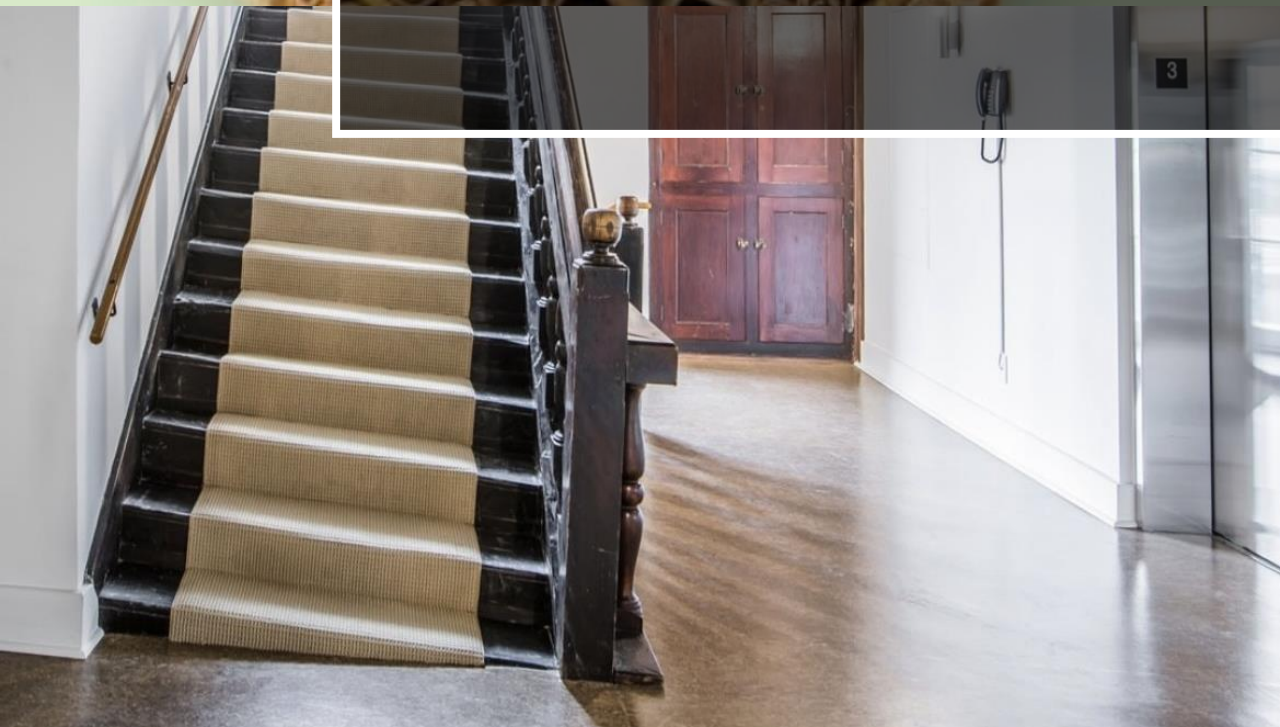
NATURAL/CULTURAL HERITAGE

- Monasteries as places of rest, retreat, and spiritual growth
- Transmission of the Augustinians' cultural heritage through creation of a heritage complex
- Restoration of the original food and medicinal herb garden





CULTURAL HERITAGE





NATURAL HERITAGE





SUSTAINABILITY: REHABILITATION

- Rehabilitation of existing buildings
- Geothermal heating and cooling system
- Use of local, high quality, and durable materials
- Low VOC emissions
- High-performance insulation and windows
- LED lights; motion sensors

SUSTAINABILITY

- Healthy lifestyle promotion
- Collaboration with local organizations
- Conscious dining – local and organic food
- Medicinal and heritage plants
- Work-life balance
- 3-way waste management system: composting, recycling, and waste



SUSTAINABILITY

- Installation of beehives
- Signatory of the solidarity economy commitment declaration
- Electric charging station
- Purchasing and practices to avoid over-packaging



MEASUREMENT

- Sustainable Development Goals



LESSONS

- Revitalization of a historic religious site
- Transmission of cultural heritage
- A non-denominational space for those seeking spiritual connection or mental restoration



REFERENCES

Books/book chapters/journal articles

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Policies and Reports

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